

Professional Development Annual Report - September 2019 - September 2020

It has been a year of 2 halves with courses delivered as usual for the first 6 months, then courses postponed, due to Covid 19 Pandemic in the 2nd part of the year. The PDC has spent the summer months sorting out all aspects of moving courses onto a virtual platform - ZOOM. It has been a challenge that the PDC and all the MACP tutors have risen to and we are now offering MACP courses on the virtual platform of ZOOM.

To support the tutors on this virtual delivery the PDC has had to change the way of working and now 1 of the team acts as the MACP host for the whole day during the virtual delivery. This allows the tutor to concentrate on delivering the course while the MACP hosts monitors the other aspects such as monitoring the chat, doing polls and supporting the course participants with instructions.

The income from courses this year is hence less than previous years. We are however looking forward to a better year in Sept 2020 – Sept 21.

Committee structure

The PDC committee for 2019-20 includes:

Lead: Jayne Davies

Subcommittee members: Samantha Simmonds, Sinead Delaney, Adrian Mallows, Lampros Kourgias, Komal Bhuchhada, Tina Blewett, Feroz Mohamed and Basil Tyros. We have said goodbye and huge thanks to Adrian Mallows and Lampros Kourgias, who have stepped down due to their work commitments. We have said hello to 2 new members of the subcommittee Feroz Mohamed and Basil Tyros.

The PDC assist in the administration and delivery of the PDC courses, including liaising with host venues and lecturers to set dates for courses, developing adverts and course descriptions, marketing and advertising courses on social media, writing contracts for lecturers and host venues for each individual course that is run. More recently, since we have moved to the virtual platform, the role has increased to include acting as the MACP host on the virtual platform.

The MACP owe huge thanks to the subcommittee who have not only risen to the challenge of virtual delivery of courses, but have worked even more cohesively as a team. The support that they have given to the Lead, the tutors and each other has been amazing. Enormous thanks go out to all the PDC subcommittee members for all their efforts and achievements this year with the changes. The PDC continue to embrace each year with enthusiasm.

Existing MACP courses

The PDC have continued to market and advertise established MACP courses across the UK

- ❖ Spinal Masqueraders
- ❖ Spinal Masqueraders Expanded
- ❖ Integrating Imaging into Musculoskeletal practice

- ❖ Motivational Interviewing
- ❖ Athletic Screening & Programme Design
- ❖ Moving Beyond Exercises for Managing Patellofemoral Pain
- ❖ Manual Therapy in Early-stage Knee Rehabilitation
- ❖ Advanced practice: The Knee - Putting the puzzle together
- ❖ Pain: Translating Neuroscience into Clinical Practice

6 new courses were developed, promoted and are now available in 2020:

- ✚ Pregnancy, post-natal & female pelvic health for the Musculoskeletal Physiotherapist – Gerard Greene
- ✚ Optimising The Function of the shoulder girdle- Making sense of the dysfunction - Dr Ian Horsley
- ✚ Combined movements – Cervical, Dr Christopher McCarthy
- ✚ Combined movements – Thoracic, Dr Christopher McCarthy
- ✚ Combined movements – Lumbar, Dr Christopher McCarthy
- ✚ Demystifying Blood Tests in MSK Health – Dr Giles Hazan

We continue to promote courses through the MACP social media sites including Twitter, Facebook and now Instagram. We also use Frontline and Musculoskeletal Science and Practice Journal.

We have run many successful courses from Sept 2019 to Sept 2020 this year including;

- Spinal Masqueraders –
 - Glasgow hosted January 2020
- Spinal Masqueraders Expanded –
 - Watford hosted November 2019
 - Suffolk purchased February 2020
 - Virtual Delivery September 2020
- Integrating Imaging into Musculoskeletal practice –
 - Virtual Delivery September 2020
- Motivational Interviewing –
 - Guildford hosted October 2020
- Pain: Translating Neuroscience into Clinical Practice
 - Loughborough hosted November 2018
- Pregnancy, post-natal & female pelvic health for the Musculoskeletal Physiotherapist
 - Virtual Delivery June 2020
 - Virtual Delivery September 2020
- Optimising the Function of the shoulder girdle - Making sense of the dysfunction
 - Virtual Delivery September 2020

We ran a special event – CES Study day London on 12th December 2019 which has helped to shape national guidance

<https://www.macpweb.org/CES-Resources>

We are running more courses in 2020/2021 including:

- Spinal Masqueraders –
 - Virtual Delivery 5th December 2020
 - Virtual Delivery 8th May 2021
- Spinal Masqueraders Expanded –
 - Virtual Delivery 6th March 2021
- Integrating Imaging into Musculoskeletal practice –
 - Virtual Delivery October 2020
 - Virtual Delivery January/February 2021
- Pain: Translating Neuroscience into Clinical Practice
 - Virtual Delivery March 2021
- Demystifying Blood Tests in MSK Health
 - Purchased by Buckinghamshire Virtual Delivery October 2020
 - Virtual Delivery January 2021
 - Virtual Delivery February 2021

We are also running a free virtual event for members on the 28th November 2020

Concordance, Adherence and Behaviour Change - Engaging with Physiotherapy

Newly Developed courses

The PDC are always open to members submitting courses that they would like to run under the MACP umbrella. The content will be reviewed to see if the content is suitable for the members for their continuing education.

Jayne Davies MSc MCSP MMACP

Professional Development Lead