

## PDC arm of the CEPD - End of year report September 2018 - September 2019

It has been yet another very busy and productive year for the PDC with courses being delivered to both members and non-members alike. This year the PDC pulled out all the stops to run as many courses as possible and made a healthy profit for the MACP

### **Committee structure**

The PDC committee for 2018-19 includes:

Chair: Jayne Davies

Subcommittee members: Samantha Simmonds, Adrian Mallows, Sinead Delaney & Komal Bhuchhada, Lampros Kourgias and Tina Blewett.

The PDC assist in the administration and delivery of the PDC courses, including liaising with host venues and lecturers to set dates for courses, developing adverts and course descriptions, marketing and advertising courses on social media, writing contracts for lecturers and host venues for each individual course that is run.

### **Existing MACP courses**

The PDC subcommittee have continued in the same vein this year with each subcommittee member being responsible for promotional aspects of 1 to 2 courses. Huge thanks goes out to all the PDC subcommittee members for all their efforts and achievements this year with the high workload, which has secured healthy course profits.

The PDC have continued to market and advertise established MACP courses across the UK, including *Spinal Masqueraders; Masqueraders Expanded; Integrating Imaging into Musculoskeletal practice; Motivational Interviewing; & Athletic Screening & Programme Design; Moving Beyond Exercises for Managing Patellofemoral Pain; Manual Therapy in Early-stage Knee Rehabilitation* and the 2 new courses *Advanced practice: The Knee - Putting the puzzle together* and also *Pain: Translating Neuroscience into Clinical Practice*

6 brand new courses are being developed and promoted and available in 2020:

- ✚ Pregnancy, post-natal & female pelvic health for the Musculoskeletal Physiotherapist – Gerard Greene
- ✚ Optimising The Function of the shoulder girdle- Making sense of the dysfunction - Dr Ian Horsley
- ✚ Combined movements – Cervical, Dr Christopher McCarthy
- ✚ Combined movements – Thoracic, Dr Christopher McCarthy
- ✚ Combined movements – Lumbar, Dr Christopher McCarthy
- ✚ Title of course to be conformed - *Bloods Course for the MSK Advanced Practitioner* – Dr Giles Hazan

We are also running a special event – CES Study day London on 12<sup>th</sup> December 2019  
We continue to promote courses through the MACP social media sites including Twitter and Facebook. We also use Frontline and Musculoskeletal Science and Practice Journal.

**We have run many successful courses this year including;**

- Spinal Masqueraders –
  - Watford hosted February 2019
  - Kent purchased April 2019
- Spinal Masqueraders Expanded –
  - MMU hosted September 2018
  - Birmingham purchased December 2018
  - Belfast purchased February 2019
  - Cambridge hosted April 2019
- Integrating Imaging into Musculoskeletal practice –
  - West Wiltshire hosted Sept / Oct 2018
  - Belfast purchased Oct / Nov 2018
  - Ascot purchased April 2019
  - London hosted June 2019
- Motivational Interviewing –
  - Peterborough hosted September 2018
- Athletic Screening & Programme Design –
  - East Sussex hosted September 2018
  - Wirral hosted November 2018
  - Nottingham hosted April 2019
- Advanced practice: The Knee - Putting the puzzle together –
  - Manchester hosted October 2018
  - London hosted November 2018
  - Cambridge hosted January 2019
  - Guildford hosted April 2019
- Pain: Translating Neuroscience into Clinical Practice –
  - London hosted September 2018
  - Belfast hosted October 2018
  - East Sussex hosted February 2019
  - Bristol hosted June 2019

**We are running more courses in 2019/2020 including:**

- Spinal Masqueraders –
  - Glasgow hosting 31<sup>st</sup> January 2020
- Spinal Masqueraders Expanded –
  - Watford hosting 23<sup>rd</sup> November 2019
  - AHP Suffolk purchasing 29<sup>th</sup> February
- Cauda Equina Syndrome Study Day – 12<sup>th</sup> December 2019
- Motivational Interviewing –
  - Guildford hosting 5<sup>th</sup> October 2019
- Advanced practice: The Knee - Putting the puzzle together –

- Lincoln hosting 9th November 2019
- Pain: Translating Neuroscience into Clinical Practice
  - Loughborough hosting 9th November 2018
- Pregnancy, post-natal & female pelvic health for the Musculoskeletal Physiotherapist
  - Livingston, Scotland 21<sup>st</sup> March 2020

### **Newly Developed courses**

The PDC are always open to members submitting courses that they would like to run under the MACP umbrella. The content will be reviewed to see if the content is suitable for the members for their continuing education.

**Jayne Davies MSc MCSP MMACP**

**MACP CO-CHAIR of CEPD (Professional Development)**