



CAUDA EQUINA CHALLENGES

A PHYSIOTHERAPIST'S VIEW

CHRIS MERCER - WESTERN SUSSEX
HOSPITALS NHS FOUNDATION TRUST

OUR PLACE OF WORK ?

- Direct access
- Secondary care
- First Contact Practitioner
- Independent sector
- Private practice





OUR KNOWLEDGE ?

Recognising
early
symptoms

Understanding
pathways

Training for
physical
examination

Access to MRI
(or the person
who can get
it!)

OUR 3 CHALLENGES

- Physical testing
- Different thresholds
- Access to MRI

