



## MACP Spinal Masqueraders Study Day

This is a highly interactive case study-based day designed to help with the awareness, clinical reasoning and management of the 5 most common spinal masqueraders seen in physiotherapy practice: - Spinal metastasis - Pancoast's Tumour – Ependymoma - Myeloma - Tuberculosis

The day is designed for those working in extended scope roles, or those interested in progression into this field, with an introduction on the current thinking about Red Flags by James Selfe, co-author of the Red Flags pocket book series and a session on clinical presentation mapping lead by Sue Greenhalgh, co-author of the same series.

### Facilitators

Laura Finucane - Consultant Musculoskeletal Physiotherapist, Sussex MSK Partnership.

Sue Greenhalgh - Consultant Musculoskeletal Physiotherapist, Bolton Primary Care Trust. Co-author of the Red Flags pocket book series.

Christopher Mercer - Consultant Musculoskeletal Physiotherapist, Western Sussex Hospitals NHS Trust

### Learning Objectives

- Upon completion of the study day delegates should have a greater understanding of the relevance of Red Flags in identifying non-musculoskeletal causes of spinal pain
- Following the presentation of case studies and subsequent discussion delegates should have
- a greater knowledge of how Spinal metastasis, Pancoast's tumour, Ependymoma, Myeloma
- and Tuberculosis may present to a musculoskeletal practitioner.
- Delegates will have had the chance to discuss their own (potential) Masquerader cases with the panel throughout the day.
- The study day will give delegates the ability to reflect, learn from and improve practice by retrospectively analysing critical cases.
- Delegates will have the opportunity to explore pathways of care and governance arrangements through the panel discussion

### Information for venues:

The cost for the participant will be:

£120 for MACP members

£150 for non-members

This is the cost for 2021 and will be reviewed annually.

There is one free place available to whoever organises the course locally. In addition a further free place will be offered for courses that book more than 40 delegates.

If a venue fee is incurred the minimum number of people required to run the course may increase.

The minimum number of delegates required to qualify for an additional free place may also increase.

The course requires a minimum of 30 bookings to enable the MACP to cover expenses and will be cancelled 6 weeks prior to the commencement of the course if this number has not been reached.

If the course requires air travel for the lecturers the prices quoted / number of bookings required will need to be adjusted to reflect the additional costs.

**What the MACP Provides:**

- Tutors for delivering the courses
- Pays the accommodation for the tutor(s)
- Pays tutors(s) travel
- Administers the course, taking all bookings and sending all applicants pre-course information
- £3 per person / day to cover refreshments (tea/coffee/biscuits etc).
- Advertising in: MACP website and social media sites, MACP newsletters.
- One copy of a flyer that you may use to circulate and advertise the course
- A list of names of those who have booked prior to the course for registration.
- CPD certificates (online)

**You will need to provide:**

- A lecture theatre that will seat 60 people and three breakout rooms all needing AV equipment. This enables four interactive group sessions to be run (i.e. three breakout rooms and the main lecture theatre).
- AV equipment (data projection or overhead projector). Plus access to plugs as workbooks are electronic.
- Provide us with local information re directions how to get to venue, parking, local accommodation list.
- Someone to work on local promotion (including SoMe) to help to ensure that at 6 weeks before the course, the minimum numbers of places are booked onto the course.

- Someone on the on the day to deal with local venue organization (AV, putting up signs, providing refreshments, information about where to get lunch, registering delegates, locking up, this may also include picking up or dropping off tutors from their hotel; taking pictures on the day for SoMe)
- Refreshments as appropriate (to be reimbursed by MACP on production of original receipts – up to £3 per day per person)

<b>Learning Outcome</b>	<b>Delivery Method (S)</b> Study Day- Course	<b>Mapped to MSK CCF<sup>^</sup></b>	<b>IFOMPT Dimension of OMT<sup>#</sup></b>
Develop a better understanding of serious pathologies that can mimic musculoskeletal disorders, in order to facilitate early diagnosis and management.	Interactive Lectures Clinical reasoning through case studies Pre-course reading Shared delegate experiences	B3, B4, B5	D2 D5 D6 D8 K1 K2 K3 K4 K5K 7
Enhance clinical reasoning skills to consider serious pathology as a differential diagnosis.	Interactive Lectures Clinical reasoning through case studies Pre-course reading	B3 B4 B5	D2 D6 K5 K1 K11
Review the current evidence for the use of red flags and understand their limitations in clinical practice.	Interactive lecture Clinical reasoning through case studies Pre course reading	B3 4 5	D1 D3 K3 S2
Develop a comprehensive subjective history taking strategy to explore serious pathology risk.	Interactive Lectures Shared delegate experiences and examples	A1 B3 B4 B5	D3 D5 D7 D6 K3 S1 S9
Develop a better understanding of risk factors for serious pathology.	Interactive Lectures Pre-course reading Peer discussion	B3 B4 B5 C6 7 12 13	D3 K4

<p>Develop a strategy to manage clinical uncertainty, including a safety netting approach.</p>	<p>Clinical reasoning of case Interactive Lectures Case studies</p>	<p>B3</p>	<p>D6 D2 K5 D10 S1 S7</p>
<p>Develop a better understanding of the use of investigations in diagnosis and management of potential serious pathology, and an understanding of which investigations to use and when.</p>	<p>Interactive Lectures Pre-course reading Signposting to other relevant resources Case studies and peer discussion</p>	<p>B3 B4 B5</p>	<p>D2 D4 D5 K3 K5 K9</p>
<p>Understand the main principles to include in pathways to manage suspected serious pathology in a timely manner.</p>	<p>Clinical reasoning through cases Peer discussion Pre-course reading</p>	<p>B3 B4 B5</p>	<p>D2 K5</p>