

MACP Award Report

Awardee Name:	Yiduo Wang
Date of Report:	06/01/2025
Name of the Award:	Level 1 Research award
Amount awarded:	£750
What the award was used for:	Paying for a travel and accommodation to support access to a conference. Paying for a post-conference one day course that support my research.
Summary of how this award or bursary helped you in your career/clinical/academic practice (500 words approx.)	<p>IFOMPT 2024 Conference Summary Report</p> <p>Overview of Award Impact Receiving the bursary to attend the IFOMPT 2024 conference has been instrumental in enhancing my academic and clinical development. The financial support enabled my participation in this esteemed event, held from 4th to 7th July 2024 in Switzerland. Organised by the International Federation of Orthopaedic Manipulative Physical Therapists (IFOMPT) and the Swiss Association for Orthopaedic Musculoskeletal Physical Therapy, the conference provided an invaluable opportunity to expand my knowledge of musculoskeletal and manual therapy through exposure to pioneering research and expert insights.</p> <p>Professional and Academic Growth The conference sessions were highly pertinent to my research in hypermobility and balance disorders. Engaging in discussions on advanced manual therapy techniques, postural control strategies, and the integration of virtual reality in rehabilitation broadened my understanding and introduced innovative methodologies applicable to my academic and clinical practice. Exposure to a variety of clinical perspectives has refined my approach to patient management, fostering a more evidence-based and holistic practice. The experience reignited my passion for the field, motivating me to further explore innovative treatment strategies and contribute to advancing clinical practice.</p> <p>Skill Enhancement Participation in the conference facilitated the acquisition of critical skills relevant to both research and clinical applications. The presentations and workshops underscored the importance</p>

	<p>of personalised treatment approaches and the significance of interdisciplinary collaboration in patient care. The insights gained regarding the incorporation of emerging technologies, such as virtual reality, have provided me with practical strategies to implement within my ongoing studies and future clinical practice.</p> <p>Networking and Collaboration The conference served as an excellent platform for establishing professional connections with leading experts, researchers, and clinicians from diverse backgrounds. A significant highlight was the opportunity to network with Professor Jane Simmonds, a leading expert in hypermobility research in the UK. Our discussions provided valuable insights into current trends and future directions in hypermobility treatment, and I look forward to potential collaborations that may arise from this connection. Engaging with peers allowed me to explore potential collaborations and gain valuable insights into global musculoskeletal healthcare approaches. These connections will be invaluable in advancing my research and clinical practice in the years to come.</p> <p>Post-Conference Course Contribution The bursary also facilitated my attendance at a post-conference course on the assessment and management of the cervical spine in relation to headaches and dizziness. This specialised training provided me with a comprehensive understanding of the interplay between cervical dysfunction and vestibular symptoms, which is highly relevant to my doctoral research. The practical strategies acquired during the course have already been integrated into my clinical assessments, enhancing my ability to manage patients with complex musculoskeletal presentations.</p> <p>Future Applications The knowledge and skills acquired from the conference and the post-conference course have had an immediate impact on my research and clinical interventions. I have begun implementing novel approaches to address the challenges faced by hypermobility patients, ensuring more effective and targeted treatment plans. Additionally, this experience has inspired me to seek further opportunities for professional growth and to contribute meaningfully to the advancement of physiotherapy practice.</p> <p>Conclusion The support provided by the bursary has played a pivotal role in my career development, allowing me to stay abreast of the latest advancements in musculoskeletal physiotherapy. The knowledge, skills, and professional relationships gained will have a lasting impact on my academic and clinical journey. I am</p>
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	<p>sincerely grateful for the opportunity to have attended IFOMPT 2024 and look forward to applying these learnings to benefit both my patients and my research endeavours.</p>
<p>Picture of awardee/conference/course/ Experience as relevant</p>	