I attended the IFOMPT conference on Monday 4th and Tuesday 5th of July 2016. The conference was very well organised and attended. It was fantastic to see so many brilliant speakers at various different sessions. Hosting a prestigious international conference in the UK was a great opportunity to raise the profile of quality, evidence based and patient centred neuromusculoskeletal physiotherapy both nationally and internationally.

Having specific sessions was very useful and ensured all delegates clinical interests were catered for. A selection of the sessions that I attended included; Low Back Pain: Applying Contemporary Neuroscience in Clinical Practice, Expanding our Understanding of Pain Biology into Patient Care and Physical Activity and Chronic Musculoskeletal Pain which were all excellent. As you will clearly gleam from my selection of sessions I was more interested in the biopsychosocial paradigm of patient management. One of the best aspects of being at a large conference such as IFOMPT, with such a wide variety of sessions is that clinicians who work to different paradigms come together with the ultimate aim of improving the profession to maximise the quality of patient care.

The mobile app was a real highlight of the conference. It allowed delegates to manage their programme, make notes and send messages during the conference. There was an interactive message board which allowed delegates to ask questions during sessions or communicate with other delegates.

In the opening session, internationally renowned Emeritus Professor Gwendolen Jull wondered if the conference would provide reasoning as to why some condition management is predominantly biopsychosocial whilst other conditions are managed biomedically. I'm not sure that this interesting, but complex question was answered during the 2 days of the conference that I attended.

I will watch the conference videos from all 5 days of IFOMPT which have been uploaded to the MACP YouTube channel with the hope of finding an answer.