Martin Rabey

2026 Conference Presentation Award

International Association for the Study of Pain 2026 World Congress on Pain

Bangkok, Thailand, 26-30th October

Thank you to the MACP for facilitating my attendance at the World Congress on Pain. This conference is the largest global gathering of pain professionals bringing together more than 5,000 scientists, clinicians, and healthcare providers.

The conference allowed me to hear internationally renowned speakers on a broad range of contemporary, pain-related topics, and to liaise with many research collaborators - past, present and future. Of note, I liaised with several expert clinicians, and an international musculoskeletal pain lived experience group to facilitate an upcoming Delphi study; and met with a previous collaborator with high levels of expertise in clinical trial development to confirm their participation in a future feasibility study. These actions were greatly facilitated by face-to-face conference attendance.

I am currently a Clinician Research Fellow, and this conference gave me the opportunity to present my research to a multidisciplinary, international pain audience. I presented three posters, and a colleague presented another poster on which I am an author. My Fellowship will culminate in co-design of a strengths-based approach to pain care. The research presented at the Congress involves the initial stages of this research, exploring factors protective against pain through mixed-methods, including derivation of machine learning models predicting positive pain trajectories (e.g. sustained low levels of pain / no pain) in multiple large, international, longitudinal cohorts. We presented:

Rabey M., Lee S., Beales D., Marcuzzi A., Bagg M., Melton P., McKay M., Cartwright J., Burns J., Moloney N. (2026) Multivariable analysis of biopsychosocial factors associated with an absence of recent pain: A report from the 1000 norms project.

Published: https://www.mskscienceandpractice.com/article/S2468-7812(26)00196-7/fulltext

Rabey M. (2026) Is chronic low back pain truly individualised?

In preparation.

Rabey M., Beales D., Marcuzzi A., Bagg M., Melton P., Hancock P., Moloney N. (2026) Protection against pain: Examination of a positive pain trajectory in The Raine Study.

Under review.

Moore B., Schleidgen L., Hang C., Chelsea H., **Rabey M.,** Ng L., Chai K., Melton P., Cowen G., Beales D., Moloney N. (2026) Protection from chronic musculoskeletal pain: A scoping review.

Published: DOI: 10.1002/ejp.70273

